

Do you wake up in the morning to dark circles, fatigued appearance, puffy eyes...?

If the answer is "yes", your skin is begging you for a good night routine. Therefore, it is very important to choose a suitable product for each moment of the day.

The night is your Zen moment, the most relaxing time. Your body rests while your skin is much more receptive. **It enhances the benefits of the active ingredients** and your skin reflects the results. **Restful sleep is the best beauty boost.**

Indulge
your skin with
a relaxing ritual!

RELAX · RESET · RELOAD

Sesderma SERENITY includes a complex of active ingredients that favour rest during the night and improve the signs of skin ageing.

Benefits



HELPS REGULATE THE
SKIN'S CIRCADIAN
RHYTHM



IMPROVES SKIN ASPECT,
MAKING IT LOOK AS IF
YOU HAVE SLEPT 8 HOURS



RELAXING
EFFECT



GLOBAL
ANTI-AGEING

In addition, it contains **moisturising and anti-ageing active ingredients** that help in the skin's natural regenerating process during the night.

ACTIVE INGREDIENTS IN THE LINE

Melatonin
helps regulate sleep
cycles

Relaxing complex
based on magnesium and
blue and white lotus
flowers, which act
against stress, fatigue,
and facial tension

**Amino acid
complex**
reduces the signs of skin
ageing

SERENITY WAKE UP TO A YOUNG SKIN

The night routine for your skin



SERENITY
Night serum / 30 ml

Directions:

Apply at night to clean and dry skin, massaging gently until complete absorption.



SERENITY
Night cream / 50 ml

Directions:

Apply at night, after the serum, massaging gently until complete absorption.



SERENITY
Face & Pillow Mist / 100 ml

Directions:

Spray a few spritzes on the pillow and face before going to sleep.



SERENITY
Sleeping mask / 50 ml

Directions:

Apply at night. Do not rinse. Sleep with the product on and in the morning follow your regular beauty routine. Apply 2-3 times a week.

sesderma
listening to your skin

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SERENITY

Wake up to a young skin



NANOTECH

YOU REST, YOUR SKIN ACTIVATES

Share your opinion with us!



www.sesderma.com
+1 800 796 0996



Active ingredients encapsulated in liposomes to achieve deeper penetration and greater effectiveness.